

# Rhode Island Parent Information Network Chronic Disease Self-Management Education Program Grantee



## Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Develop or expand capacity to significantly increase the number of older adults and adults with disabilities, particularly those in underserved areas/populations, who participate in evidence-based chronic disease self-management education and self-management support programs to empower them to better manage their chronic conditions.
- **Goal 2:** Enhance the sustainability of evidence-based chronic disease self-management education and self-management support programs through the implementation of robust sustainability strategies.

## Strategies and Activities

RIPIN (Rhode Island Parent Information Network) and its partners will:

- Pilot a Medicaid billing model utilizing Community Health Workers (CHW) to

deliver Chronic Disease Self-Management and Chronic Pain Self-Management.

- Engage Medicaid and Medicare eligible Rhode Islanders living in urban core communities of Providence, Woonsocket, Pawtucket and Central Falls.
- Assist trained leaders in achieving Community Health Worker Certification (CHW).
- Cross-train RIPIN and Prospect CHW staff in CDSMP and CPSMP.
- Develop HIPAA (Health Insurance Portability Accountability Act) compliant registration system.
- Enroll as a Medicaid supplier with the State of Rhode Island.
- Develop marketing and outreach strategy targeting 400 Providers and 3,000 consumers.
- Implement Plan-Do-Study Act (PDSA) cycles for continuous improvement

## Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)

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- Chronic Pain Self-Management Program (CPSMP)
- Walk with Ease (WWE)

## Partnerships

To achieve the goals of the grant, RIPIN will collaborate with the following key partners:

- AgeSpan
- Own Your Health Collaborative
- Progreso Latino
- Prospect Health Systems
- RI Department of Health
- RI Executive Office of Health and Human Services
- RI Geriatric Education Center
- RI Office of Healthy Aging

## Anticipated Results

RIPIN and its partners propose to achieve the following results:

- Engage 1,350 participants in Self-Management workshops (CDSMP, CPSMP).
- Achieve 78% participant completion rate in CDSMP and CPSMP.
- Receive reimbursement from Medicaid for 75% of workshops by year 3
- Deliver 10% of workshops in Spanish
- Decrease total cost of care, ED (emergency departments) use and inpatient days related to the chronic disease triggering condition for 10% of Prospect participants
- Increase by 10% Prospect participants connected to primary care

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### For more information:

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